



access to  
Independence

EMPOWERING RESILIENCE  
BUILDING COMMUNITY

# NAVIGATING EMPLOYMENT WHILE DISABLED

Finding and keeping a job can be challenging, especially when you have a disability. This workshop is designed to empower individuals with disabilities to confidently pursue, obtain, and maintain employment. Participants will:

- Learning about their workplace rights under disability employment laws
- Build self-advocacy skills to use during job searches and on the job
- Explore local and national resources that provide ongoing support
- Gain strategies to overcome barriers and achieve long-term career success

**OCTOBER 29 | 2:00 - 3:30 PM**

Access to Independence  
8885 Rio San Diego Dr #135  
Conference Room  
San Diego, CA 92108

Contact: Diana Peloso,  
Program Manager,  
619-704-2432 x 236  
[dpeloso@accesstoindependence.org](mailto:dpeloso@accesstoindependence.org)